



4v4 | Pre-K - 2nd Grade | No Goalies

- Four (4) 10 minute quarters with 3 minute water-breaks in between quarters.
- No goalies to be used.
- Throw-ins, corner-kicks, goal-kicks, and kick-offs will be used for any restart.
- No score is to be kept.
- No offsides.
- No slide tackling.
- Only four (4) players on the field at any given time. (Unless both teams agree to add an additional player to each side)
- **SUBSTITUTIONS:** Substitutes may enter the game during any stoppage in play. There is no limit on substitutions. Every player MUST play at least half of the game.
- **SIDELINES:** Parents must be on the opposite side of the field as the teams' bench.
- Home team will wear their NAVY WUFC jerseys and the other team will wear the club provided pinnies.
- No jewelry is permitted, even if taped. Medical alert bracelets/necklaces are allowed, if taped.
- Shin guards, covered by socks, are mandatory in all games. Players not wearing shin guards will not be allowed to participate.
- No direct free kicks. All set pieces are indirect. An indirect free kick means that someone else has to touch the ball before it can be taken as a shot on goal.
- No heading.
- No slide tackling.

7v7 | 3rd - 4th Grade | Includes Goalies

- Two (2) 25 minute halves with a 5 minute halftime.
- Goalies cannot punt the ball.
- Throw-ins, corner-kicks, goal-kicks, and kick-offs will be used for any restart.
- No score is to be kept.
- Offside will be called when it is a clear and obvious infraction as seen by the referee.
- 3rd and 4th grade teams will not utilize the Build Out Line (BOL) this spring season.
- Only seven (7) players on the field at any given time. (Unless both teams agree to add an additional player to each side)
- **SUBSTITUTIONS:** Substitutes may enter the game during any stoppage in play. There is no limit on substitutions. Every player MUST play at least half of the game.
- **SIDELINES:** Parents must be on the opposite side of the field as the teams' bench.
- Home team will wear their NAVY WUFC jersey and the away team will wear their WHITE WUFC jerseys.
- No jewelry is permitted, even if taped. Medical alert bracelets/necklaces are allowed, if taped.
- Shin guards, covered by socks, are mandatory in all games. Players not wearing shin guards will not be allowed to participate.
- No direct free kicks. All set pieces are indirect. An indirect free kick means that someone else has to touch the ball before it can be taken as a shot on goal.
 - Any infraction inside the penalty box will result in an indirect free kick to be placed at the top of the penalty box parallel to where the infraction occurred.
- No heading for 3rd - 6th grade teams.
- No slide tackling.
- Any other rules not covered here will be enforced based on FIFA rules/laws of the game.

9v9 | 5th-6th Grade | Includes Goalies

- Two (2) 25 minute halves with a 5 minute halftime.
- Goalies can punt the ball.
- Throw-ins, corner-kicks, goal-kicks, and kick-offs will be used for any restart.
- No score is to be kept.
- Offside will be called when it is a clear and obvious infraction as seen by the referee.
- Only nine (9) players on the field at any given time. (Unless both teams agree to change the number of players on the field at any point during the game,)
- **SUBSTITUTIONS:** Substitutes may enter the game during any stoppage in play. There is no limit on substitutions. Every player **MUST** play at least half of the game.
- **SIDELINES:** Parents must be on the opposite side of the field from the team's bench.
- Home team will wear their NAVY WUFC jersey, and the away team will wear their WHITE WUFC jerseys.
- No jewelry is permitted, even if taped. Medical alert bracelets/necklaces are allowed, if taped.
- Shin guards, covered by socks, are mandatory in all games. Players not wearing shin guards will not be allowed to participate.
- Direct and Indirect free kicks are allowed. An indirect free kick means that someone else has to touch the ball before it can be taken as a shot on goal.
- No heading for 5th - 6th grade teams.
- No slide tackling.
- Any other rules not covered here will be enforced based on FIFA rules/laws of the game.

9v9 | 7th-8th Grade Girls | Includes Goalies

- Two (2) 30 minute halves with a 5 minute halftime.
- Goalies can punt the ball.
- Throw-ins, corner-kicks, goal-kicks, and kick-offs will be used for any restart.
- No score is to be kept.
- Offside will be called when it is a clear and obvious infraction as seen by the referee.
- Only nine (9) players on the field at any given time. (Unless both teams agree to change the number of players on the field at any point during the game,)
- **SUBSTITUTIONS:** Substitutes may enter the game during any stoppage in play. There is no limit on substitutions. Every player **MUST** play at least half of the game.
- **SIDELINES:** Parents must be on the opposite side of the field from the team's bench.
- Home team will wear their NAVY WUFC jersey, and the away team will wear their WHITE WUFC jerseys.
- No jewelry is permitted, even if taped. Medical alert bracelets/necklaces are allowed, if taped.
- Shin guards, covered by socks, are mandatory in all games. Players not wearing shin guards will not be allowed to participate.
- Direct and Indirect free kicks are allowed. An indirect free kick means that someone else has to touch the ball before it can be taken as a shot on goal.
- No heading for 5th - 6th grade teams.
- No slide tackling.
- Any other rules not covered here will be enforced based on FIFA rules/laws of the game.



11v11 | 7th-8th Grade Boys | Includes Goalies

- Two (2) 35 minute halves with a 5 minute halftime.
- Goalies can punt the ball.
- Throw-ins, corner-kicks, goal-kicks, and kick-offs will be used for any restart.
- No score is to be kept.
- Offside will be called when it is a clear and obvious infraction as seen by the referee.
- Only eleven (11) players on the field at any given time. (Unless both teams agree to change the number of players on the field at any point during the game,)
- **SUBSTITUTIONS:** Substitutes may enter the game during any stoppage in play. There is no limit on substitutions. Every player MUST play at least half of the game.
- **SIDELINES:** Parents must be on the opposite side of the field from the team's bench.
- Home team will wear their NAVY WUFC jersey, and the away team will wear their WHITE WUFC jerseys.
- No jewelry is permitted, even if taped. Medical alert bracelets/necklaces are allowed, if taped.
- Shin guards, covered by socks, are mandatory in all games. Players not wearing shin guards will not be allowed to participate.
- Direct and Indirect free kicks are allowed. An indirect free kick means that someone else has to touch the ball before it can be taken as a shot on goal.
- No slide tackling.
- Any other rules not covered here will be enforced based on FIFA rules/laws of the game.